



**LA LECHE LEAGUE OF GREATER ST. LOUIS**

Central Phone Line: (314) 424-3900

[www.LLLSTL.org](http://www.LLLSTL.org)

LA LECHE LEAGUE OF SOUTHERN ILLINOIS CENTRAL PHONE LINE: (618) 321-MOMS

*LLL is an internationally recognized authority on breastfeeding.*

LOCATION	DAY	LEADER	PHONE #
St Louis City Midcity PM*- St John's Episcopal Church, 3664 Arsenal St Midcity AM*-Oak Hill Presbyterian Church, 4111 Connecticut St,	1st Wednesday 7p 3rd Wednesday 10a	Erin	(314) 776-6844
St Louis County Chesterfield-West County Creve Coeur PM*-Mercy Hospital-St. Louis, Doctors' Bldg, Tower A Creve Coeur AM*-Crossroads Family Chiropractics, Tempo Medical Building, 12401 Olive Blvd. Sappington South County-12348 Old Tesson Rd Toddler Group-10030 Manchester Rd University City Webster Groves/Maplewood-3100 Sutton Boulevard	none 2nd Thursday 7p 4th Wednesday 10a none 3rd Saturday 10:30a 2nd Wednesday 10:30a none 1st Saturday 10a	Melissa Katherine Becky Cathy Rochelle Becky Jennifer Noelani	(636) 527-7197 (314) 529-1937 (314) 275-7506 (314) 707-3628 (314)809-2699 (314) 275-7506 (314) 962-3918 (206) 290-8661
St Charles City and County St. Charles*- Hope Lutheran Church, 1975 Old Hwy 94 O'Fallon*-First Free Will Baptist Church, 814 S. Woodlawn	2nd Saturday 10a 3rd Tuesday 10a	Barb April	(636) 946-4404 (314) 220-8842
Jefferson County Northwest Branch of the Jefferson County Library, 5680 MO-30, High Ridge	1st Friday 9:30a	Dawn	(636) 748-4861
Franklin County Washington-Franklin County Birth Services LLC, 1160 W. Fifth Street Suite 103	4th Saturday 10a	Katherine	(314) 529-1937
Cape Girardeau- 711 N Clark St	1st Saturday 10a	Sarah	(573) 529-0722
Metro East-Southern Illinois Maryville*- Our Lord's Lutheran Church, 150 Wilma Dr Fairview Heights- Fairview Heights Church of Christ, 9955 Bunkum Rd	3rd Saturday 10a 3rd Wednesday 10a	Dee Laurie	(618) 344-1681 (618) 239-9291

\* Fathers welcome

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La Leche League International was founded in 1956 to provide information and support to breastfeeding mothers. All women interested in breastfeeding are invited to attend. Nursing babies are always welcome. Discussion groups, led by accredited Leaders who have successfully breastfed their babies, meet monthly at various times and places throughout the Metro St. Louis Area for your convenience. Join us during your pregnancy to receive valuable information to help you get started, as well as after your baby is born for continued support and networking with other breastfeeding moms. Discussion topics are taken from La Leche League's manual, THE WOMANLY ART OF BREASTFEEDING, which is available for purchase at all of the meetings.